

**Adlerian Society UK**  
Institute for Individual  
Psychology  
[www.asiip.org](http://www.asiip.org)

**50% discount for current  
psychotherapy/counselling  
students – limited places  
are available – contact  
Bottisham Village College**

Workshop 9.45am to 5pm

**Saturday 16 June 2012**

Bottisham Village College, Lode Rd, Bottisham, Cambridge CB25 9DL (01223 811372)

# Further skills in working with trauma

Presented by **Anthea Millar** BA (Hons), MA, MBACP  
Counsellor, Supervisor, Trainer (UK)

**This workshop follows on from the introductory one day workshop in February which offered a biopsychosocial understanding of trauma, with a particular focus on principles of safe therapy and the use of dual attention to enable integration.**

This highly practical workshop will be of interest to all practitioners who have some basic understanding of trauma and who wish to develop their skills further. After a brief review of basics the day will focus on:

- Assessing types of client
- Working with the body as a resource in therapy
- Dual attention techniques: gaining integration
- Working with flashbacks
- Self care: mirror neurons and vicarious traumatisation

There will be plenty of opportunity for participants to share their own case material (suitably anonymised) to enable discussion of practice.

**Tea & coffee will be provided. Please bring some food for a shared lunch.**

**Anthea Millar** is a BACP Senior Accredited Counsellor with over 27 years experience. She has a busy counselling and supervision practice, and regularly provides training in counselling and supervision both in the UK and abroad.

Anthea has extensive experience in trauma work and has undertaken longer specialist trainings with Babette Rothschild, and in the use of EMDR.

Anthea is a co-director of Cambridge Supervision Training, a Vice-President of the Adlerian Society, a member of their Training Committee, and a co-editor of the ASIIP journal. She is also a co-chair of ICASSI, an international Adlerian summer school.

**BOOKING SLIP: 'Further skills in working with trauma'** workshop on Sat 16 June 2012 Fee £100 (£80 concessions)  
For all enquiries & to check eligibility for concessionary rates, contact Bottisham Village College on **01223 811372** or email: [starasewicz@bottishamvc.org](mailto:starasewicz@bottishamvc.org)

Name ..... Phone .....

Address .....

..... Email .....

**Please tick the appropriate boxes below. I am attending as part of:**  
the Advanced Certificate Training Programme (payment made separately)   
the Continuing Professional Development Programme and enclose payment of £100  £80

**Please send this form to:** Counselling Course Co-ordinator, Bottisham Village College, Lode Road, Bottisham, Cambridge CB25 9DL **with your cheque** made payable to **'Bottisham Village College'**