



### **Bucks Adlerian Training**

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| Title     | <b>“Supporting Positive Parenting” - Facilitating Parent Groups - The Adlerian Way – a four day course.</b>  |
| Date      | Saturday 25 /Sun 26 September 2010 & Saturday 2//Sun 3 October 2010  |
| Time:     | 9.00 a.m. to 5 p.m.  |
| Venue:    | Manor Barn House, Water Stratford, Buckingham MK18 5DS   |
| Cost:     | £100 deposit plus final balance of £250.00 due by 1/8/10. For individual applicants not receiving corporate sponsorship, the course booklet (£44.95) is included within the price. |
| Bookings: | Jill Reynolds 01280 847853 or <a href="mailto:jill@adlerian.org.uk">jill@adlerian.org.uk</a><br>(please indicate any special needs, such as wheelchair access)                     |

**This is an ASIIP accredited course, and you will receive an ASIIP certificate on completion of the 32 hours’ training provided and a portfolio. “Supporting Positive Parenting” has been evaluated by the National Academy of Parenting and is on the Academy’s Toolkit for Commissioners. It is published by Russell House Publishing Ltd**

Please bring a contribution towards a shared lunch.

Every family needs support at some time. ***Facilitating Parent Groups - The Adlerian Way*** is an innovative and exciting course that provides all those working with families the tools to design and deliver effective and life-changing parenting courses. The weekend workshops will equip you with the basic knowledge, techniques, and materials needed to conduct *Supporting Positive Parenting* classes in your community. You will receive the manual used to present the programme – which includes all the handouts for parents, detailed facilitator’s guide for each session, and a useful section of theory, organisation and evaluation, and further guidance on various aspects for those new to facilitating groups. The four-day training for facilitators will introduce you to techniques and strategies in facilitating parent groups (using the teachings of Alfred Adler as the philosophical core and integral discipline). You will be encouraged to work spontaneously, creatively and sensitively with a flexible parenting programme. The training is designed to be safe, informal and fun.

#### **About the facilitator**

**Wendy Goddard** B.A.(Hons) Dip.Ed; Dip.Couns. MBACP was a Secondary School Teacher for 20 years. Previously a Psychiatric nurse, on retirement from teaching, she started a third career combining the two. She founded a small local charity, The Listening Ear, providing counselling and training to young people and their families and supervision and training to professionals working with families. She remains very involved with her Charity, which is now in its 16<sup>th</sup> year. The Charity runs about 25 parent groups a year locally which usually manage to sustain an average of 8-10 parents through the six week courses. These courses include “*Supporting Positive Parenting*”; “*Self Esteem: A Family Affair*” and “*Life Changes: Managing Parents’ and Children’s Emotions*”. Wendy also runs two hour workshops for parents introducing them to Adlerian approaches. Having been closely involved with all things Adlerian since the early 90s when she attended her first Adlerian Summer School, she now facilitates workshops here, in Ireland and Riga. Her work with clients, supervisees and parents is founded upon Adlerian Psychology.