



Ongoing training opportunities in Adlerian Integrative approaches  
Advanced Certificate in Counselling Studies | Continuing Professional Development

One-day Workshop 9.45am to 5pm

**Saturday 8 July 2017 at Bottisham Village College**

Lode Road Bottisham Cambridge CB25 9DL | Telephone 01223 811372



# The Legacy of Childhood Sexual Abuse

Presented by **Jan Hawkins**

*Psychotherapist, lecturer, supervisor (UK)*

**Jan Hawkins** has over 30 years of experience in the fields of Special Needs and Lecturing in Psychology along with 27 years' experience practising as a Counsellor/Psychotherapist, group worker, supervisor and freelance trainer. All of Jan's activities are grounded in the person-centred approach.

Jan has published articles in counselling and psychotherapy journals and books and her book *Voices of the Voiceless: Person-Centred Approaches and People with Learning Difficulties* was published by PCCS Books in 2002. Two relevant chapters for this workshop are: 'Living in Pain: Mental Health and the Legacy of Childhood Abuse' (2005) in *Person-Centred Psychopathology: A Positive Psychology of Mental Health*, eds Joseph, S. & Worsley, R. PCCS Books. 'Recovering from childhood sexual abuse: Dissociative processing.' (2007) in *Person-Centred Practice: Case Studies in Positive Therapy*, eds Worsley, R. & Joseph, S. PCCS Books.

This one-day event will allow practitioners to focus on the long term sequelae of childhood abuse. Through input, discussion and experiential space, we will explore the effects of having been traumatised as children – effects that can last into adulthood, and sometimes throughout life.

We will focus too, on how, as practitioners, we may empower and support clients who want to heal these long terms wounds, and live their lives more fully and creatively.

**Jan Hawkins** ran groups for survivors of childhood abuse during the early nineties, controversially offering groups for both women and men, and for those who had experienced any type of abuse. Many students and supervisees reported their difficulties in locating good, practical and developmental training for practitioners focussing on the issues raised by a history of childhood abuse. In response to this expressed need in 1994 Jan created, and co-facilitated, a Diploma course in Counselling Survivors of Childhood Abuse, the first initiative of its kind in Europe. Since then, through FDP, Jan has continued to run post Diploma training courses with a conviction that experiential learning is imperative for developing empathy as well as skills.

**Tea & coffee will be provided. Please bring some food for a shared lunch**

**BOOKING SLIP: 'The Legacy of Childhood Sexual Abuse'** workshop with Jan Hawkins on Sat 8 July 2017. **Fee £80 (£48 concessions)**. For all enquiries & to check eligibility for concessionary rates, contact Bottisham Village College on 01223 811372 or email Sue Tarasewicz: [starasewicz@bottishamvc.org](mailto:starasewicz@bottishamvc.org)

Name ..... Phone .....

Address .....

..... Email .....

**Please tick the appropriate boxes below. I am attending as part of:**  
the Advanced Certificate Training Programme (payment made separately)   
my continuing professional development, and enclose payment of £80  £48

**Please send this form to:** Sue Tarasewicz, Bottisham Village College, Lode Road, Bottisham, Cambridge CB25 9DL  
**with your cheque** made payable to '**Bottisham Village College**'