

Cambridge Adlerian Society Newsletter



“Shame represents a relational rupture”

• **Wednesday, 16 March 2011**

(Bottisham Village College, Lecture Theatre, 7.30pm coffee for 8pm)

Exploring Shame with Alison Still

Feelings of shame can shake us to the core. They are likely to involve a deep sense of hurt that we are not acceptable for who we are, but also we are not acceptable for how we are !

Alison is interested to stimulate reflection and discussion on the phenomenon of Shame rather than 'give a lecture'. She would like to share some ideas from Integrative Practice exploring the genesis of feelings of shame, its purpose, and the way it is bound up with experience of disconnection.

Alison Still is an experienced Counsellor, Supervisor & Trainer, currently in private practice. She is trained both in Adlerian Counselling & Integratively.

Family Counselling Opportunity

Dr Frank Walton is visiting us from the USA to present a weekend workshop in March. As part of the training he is looking for two families to be part of the live family counselling demonstrations.

Frank, a highly experienced practitioner, will provide an overview of principles of the Individual Psychology, particularly as they relate to understanding and helping children and adolescents through family counselling. This promises to be an invaluable learning opportunity for both the workshop participants and the families in question.

Please contact **Bruce Tate** (bruce.tate@ntlworld.com) if you are interested and wish to discuss further.

Appeal for future talks

Issa Cochran would be pleased to hear from you if you are interested in giving a talk next term. It is not expected to be a polished talk – it could be ideas for discussion - a topic you think merits some exploration, possibly a suggestion of someone you know who could offer something of interest to us. So "in-house" Adlerians or someone offering a different perspective – do get in touch even if its only a vague suggestion at this stage.

Issa Cochran: clarissa@clarissacochran.com 01799 599371

Forthcoming CPD Workshops in Cambridge

**Saturday and Sunday
12 & 13 March 2011**

**Family and parent counselling
Presenter: Dr Frank Walton (USA)**

Saturday 14 May 2011

**Exploring the concept of
attachment and its application
to counselling practice.**

Presenter: Alison Still (UK)

**Saturday and Sunday
11 & 12 June 2011**

(Please note revised dates)

Groupwork

Presenter: Gerhard Baumer (Germany)

Further information:

www.cambridgeadleriansociety.org.uk

[email: starasewicz@bottishamvc.org](mailto:starasewicz@bottishamvc.org)

[or adleriantraining@googlemail.com](mailto:adleriantraining@googlemail.com)

Other Events

London Lectures

'Myths and Strengths found in Survivors of Sexual Abuse'

Presenter: Paul Murfitt (with Heidi Threlfall)

Tuesday 8 March 2011

website: www.asiip.org

email: admin@asiip.org

ASIIP's AGM

Conway Hall, London WC1

Saturday 26 February 2011

website: www.asiip.org

email: admin@asiip.org

ASIIP's Spring Conference

Bailbrook House Hotel, Bath

Friday 29 April – Saturday 30 April 2011

website: www.asiip.org

email: admin@asiip.org

44th ICASSI 2011 Summer Institute

Hitzkirch, Switzerland

24 July – 6 August 2011

website: www.icassi.net

email: john.icassi@gmail.com

20th Adlerian Summer School

'Embracing Change'

Sunday 7 August – Saturday 13 August 2011

website: www.adleriansummerschools.co.uk

email: unityjoy4@aol.com