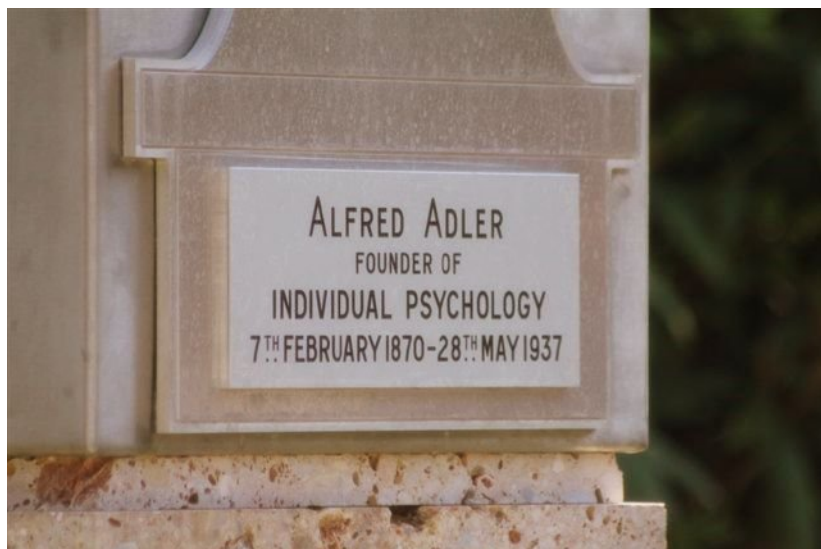


Cambridge Adlerian Society Newsletter Autumn 2011

Evening Meetings

Bottisham Village College, Lecture Room,
7:30pm coffee for 8pm



Adler's long lost ashes were interred in Vienna in July. Margaret Wadsley has written about this: see www.adleriansociety.co.uk

Wednesday, 19 October 2011

'The Richmond Fellowship'

Presenters: Fiona Broadhurst and Sally Swain

Richmond Fellowship (RF) is a national charity supporting people with mental health issues on their journey towards recovery. Largely made up of supported housing projects, RF also has a number of Employment Services around the country. We will discuss how the Cambridge Employment Service supports people with mental health difficulties to retain or regain employment.

The discussion will then open out into exploring what Adler called the Life Task of Work and how engaging in a meaningful occupation helps promote mental wellbeing.

Fiona Broadhurst

Gained her Adlerian Diploma in 2007. Has worked as a Counsellor in GP Surgeries and for a local agency, Cogwheel. Currently an Employment Adviser at the Richmond Fellowship in Cambridge where she has been since 2007 and now works on the Retain/Regain project which provides employment support to clients referred under the Improving Access to Psychological Therapies service.

Sally Swain

An Adlerian trained counsellor who has also undertaken an Advanced Diploma in Integrative Counselling. Worked for the Richmond Fellowship as an Employment Adviser for two and a half years until August 2011. Currently works as a university student counsellor and a part-time practice counsellor at a local GP Surgery.

Forthcoming CPD Workshops in Cambridge

Saturday 8 October 2011
Working Creatively with Dreams
Presenter: Jill Reynolds

Saturday and Sunday
TBC November 2011
*Creative Techniques to explore Adlerian
Concepts*
Presenter: Wendy Goddard
& Camilla Ghazala

Saturday 4 February 2012
Prescribed Medication and Counselling
Presenter: Dr Peter Bailey

Saturday 25 February 2012
Trauma and Recovery: An Introduction
Presenter: Anthea Millar

Saturday
10 March 2012
*Psychopathology and clinical skills in
counselling*
Presenter: Dr Karen John

Saturday and Sunday
19 & 20 May 2012
Working with Couples
Presenters: Samuel Schürer &
Wendy Goddard

Saturday 16 June 2012
Further Skills in Working with Trauma
Presenter: Anthea Millar

Further information
cambridgeadleriansociety.org.uk

Respect and the Cycle of Life

' Growing from a source; a source
full of secrets,

Growing without piercing a friend,

Climbing without clinging to a rival,

But intertwining with grace and
friendliness.'

*Author anonymous – A Pantun (Malay
Poetic Form), Malay Muslim Society –
Kuala Lumpur, Malaysia*

Talks & presentations for discussion for 2011/2

We welcome some more ideas for our
programme for 2012 .

Do remember that it is not expected to be a
polished talk - ideas for discussion - a topic
you think merits some exploration, possibly a
suggestion of someone you know who could
offer something of interest to us.

So "in-house" Adlerians or someone offering
a different perspective - do get in touch
even if it's only a vague suggestion at this
stage.

Many thanks
Issa Cochran
clarissa@clarissacochran.com or
01799 5993711

Wednesday, 16 November 2011

'Spirituality and Spiritual Direction – An exploration
by an Adlerian Counsellor'

Presenter – Stephen Harmer

Stephen Harmer, an experienced Adlerian Counsellor and
trainer, has recently completed the first year of the
Cambridgeshire Course in Spiritual Direction. This is a
specifically Christian course and appealed to Stephen as the
majority of his clients for counselling are Christian. He is also on
the Council of Reference for these courses.

Stephen hopes to give an insight into the course, and the wider
topics of Spiritual Direction and Spirituality – and explore how
much Spiritual Direction and Counselling have in common, and
where there are boundaries or limits.

Whilst this talk is from a Christian perspective the Q&A session
will encourage a range of observations for those of other faiths,
agnostics or atheists, and look for any unique Adlerian angles
to this area of our work.

London Programme of Monthly Lectures Conway Hall, Red Lion Square, London WC1

Admission: Non-members £7, Concessions £4

(attendance certificates will be available for CPD purposes).
The London Lectures are held on the second Tuesday of each month, except
December, in the academic year.

11 October 2011, 7.30pm

**'Occupational Health meets the Crucial Cs: Connecting,
Counting, Capability and Courage'**

Presented by Margaret Wadsley

8 November 2011, 7.30pm

**'Institutional Violence and After Effects: Inferiority Complexes
and Escape into Fantasies'**

Presented by Dr Dean Whittington

10 January 2012, 7.30pm

'Alfred Adler and Trends in Neo-Adlerian Psychology'

Presented by Dr Chris Maddox

www.adleriansociety.co.uk

Cambridge Supervision Training

THE SUPERVISION OF SEXUAL MINORITY THERAPY

A seminar for clinical supervisors

Saturday 15 October 2011

Thriplow Village Hall

Presented by Dominic Davies, Founder
and Director of Pink Therapy

Contact Details and Further Information:

Penny Henderson, Tel: 01223 369198

email ph286@cam.ac.uk

www.cambridgesupervisiontraining.com

Subscriptions

Subscriptions for 2011/2 are now due: £5 for the year.

Please send a cheque payable to Cambridge Adlerian Society and sent to Margaret Nimmo-Smith at 17 Mariners Way, Cambridge CB4 1BN

Clare Kerr

For several years now Clare has given invaluable support to Cambridge Adlerian Society and to the Cambridge Adlerian training team. Her work has included putting the newsletters together, sending out information about workshops. Clare also played a vital role in the last Intensive Introduction to Adlerian Counselling course, providing admin support as well as acting as one of the tutors on the course. Clare has now decided to devote her energies to other activities.

Clare will be sadly missed for the energy, enthusiasm and humour she has brought to the work she has contributed. We all owe her a great deal of thanks for her hard work and patience over the years.

If anyone is interested in helping with marketing and publicity for Cambridge Adlerian Activities, or contributing in other ways to CAS, please contact Bruce Tate: bruce.tate@ntlworld.com

Open Evenings

If you are interested in finding out more about the Adlerian courses, there will be two Open Evenings held at Bottisham Village College. The first will be on Wednesday 9 November and a second on Wednesday 8 February from 7 - 9pm. These will be opportunities to find out more about the courses and to meet members of the training team and past students.

Plans are in hand to run an Intensive Introduction to Adlerian Counselling starting in January 2012 as well as Certificate and Diploma programmes commencing in autumn 2012. The Introduction to Adlerian Counselling will be the **only** entry to the 2012 Diploma, so attending the November Open Evening will be important for anyone considering this option.

If you are interested in finding out more about the courses please do come along and also let others know about these evenings.