



Continuing Professional Development
and **Advanced Certificate in Counselling Studies**
Ongoing Training Opportunities in Adlerian Integrated Approaches

Sat 19 & Sun 20 May 2018 9.45am for 10am to 5pm
Bottisham Village College, Lode Road, Bottisham Cambridge CB25 9DL

TWO-DAY WORKSHOP

Samuel Schürer

has been working as a counsellor in his own practice since 1994. After he completed his training in Individual Psychology (IP) he worked as a trainer, lecturer and counsellor in the Alfred Adler Institute, Zurich.

In 2003 he moved to Latvia where he co-founded and directed the IP-Institute in Riga. He also initiated training for supervisors.

In 2011 Samuel moved to Slovakia where he works at the Couples Counselling Centre in Bratislava.

Samuel works also as lecturer and supervisor for other IP institutions in eastern Europe.



Couples Counselling

Presented by
Samuel Schürer
Bratislava, Slovakia

Forming and maintaining intimate relationships have been described as the most challenging tasks we face in life. Successful relationships require the cooperation and respect of two different perceptions of self, others and life. Let's explore this relationship in terms of hopes, expectations, choices and ways of handling the conflicts that arise.

In this workshop participants will be introduced with all necessary basic knowledge and methods to start to work with couples, such as:

- Personality and choice of partner
- Aims and goals of Couples Counselling
- The structure and processes of sessions with couples
- Personality and couple assessment
- Tools and methods in working with couples
- Ethical guidelines

Theory, and implementation go hand in hand. Participants will have the chance to practice new methods in pairs and role plays.

Tea & coffee will be provided. Please bring some food for a shared lunch.

BOOKING SLIP for 'Couples Counselling' on Sat 19 & Sun 20 May 2018
Fee £130 (concessionary rate £78) For enquiries & to check eligibility for concessionary rates call Bottisham Village College on 01223 811372 Email: starasewicz@bottishamvc.org

Name Phone

Address

..... Email

Please tick the appropriate box below. I am attending as part of:
the Advanced Certificate Training Programme (payment made separately)
the Continuing Professional Development Programme and enclose payment of £130 £78

Please send to: Counselling Course Co-ordinator, Bottisham Village College, Lode Road, Bottisham, Cambridge CB25 9DL **with cheque** payable to 'Bottisham Village College'