



Bucks



Workshop Title: Creative Interventions in ERs and Dreams

Facilitator Jill Reynolds with Rachael Ayers

Date/time **Saturday 3rd November 2018** (09.00 gathering for 9.30 start. Finish 17.00)

Venue Manor Barn House, Water Stratford, Buckingham MK18 5DS

If you have any special needs, please let us know

Please bring a food contribution of food towards a shared lunch

About the workshop

Both Early Recollections and Dreams are magnificent metaphors of an individual's lifestyle and as such are core components of the lifestyle assessment. This workshop is suitable for certificate level students who are doing their practicum year in lifestyle assessment, and for 4th year students who are doing their "Revisiting Basics" module.

For a therapist to offer a client some insight into ERs and dreams is profoundly life-changing because it raises their private logic into awareness, thereby enabling the client to make different choices in life.

This workshop offers the opportunity to explore our own ERs and dreams and use creative (in the full sense of the word) interventions to reorientate them by focusing on encouragement and strengths as well as using creative materials.

About the facilitators

Jill Reynolds, BSc. IIP Dip. IIP accredited, IIP Supervisor is currently the second and fourth year tutor on the Bucks Adlerian Counselling & Psychotherapy Training Course. She did her Adlerian counselling training between 1995 and 1999, and her tutor apprenticeship between 2000-2001, alongside completing a Psychology degree with the Open University. She was awarded the ASIIP Diploma in 2006, the ASIIP Certificate in Adlerian Supervision in 2007, and in that same year, became an Accredited Adlerian Counsellor. She is a tutor in Adult Education and has a private counseling practice in Buckingham seeing adults, children and working with families

Rachael Ayers is a trained Adlerian counsellor. She has worked for over 12 years with young people in an educational setting, as well as at Summer School as a young people's group facilitator. Rachael is currently a tutor with BAT first year students. Rachael has had a lifelong interest in art and has studied extensively on the use of creative approaches in counselling

BOOKING SLIP for Creative interventions in ERs and Dreams on Saturday 3rd November 2018

FEE: £40 (£60 for non- Adlerian Students) to be paid in full 2 weeks before the workshop If you are unable to attend, please find a friend to come along..

For all enquiries and booking contact Jill Reynolds on 01280 847853 or email: jill@adlerian.org.uk

For more information: www.adlerian.org.uk

Name..... telephone/email.....

Address

Please email or post to **Jill Reynolds, BAT, Manor Barn House, Water Stratford, Bucks MK18 5DS** with a cheque payable to **Bucks Adlerian Training**. Bank account details can be provided for bank transfers. CPD attendance certificate will be provided.