



Workshop Title **Dreams - The Power to Change your Life**  
 Facilitator **Jill Reynolds**  
 Date/time **Saturday 7 October 2017** (0900 gathering for 0930 start. Finish 17.00)  
 Venue **Manor Barn House, Water Stratford, Buckingham MK18 5DS**

*Please bring a contribution of food towards a shared lunch*

**About the workshop**

This one day workshop offers the opportunity to explore dreams and the dreamworld from an Adlerian perspective, providing a mix of theory, skills, practice and personal development.

In this workshop we will

- take a broad overview of dreams, the dreaming process, and the purpose of dreaming. We will discuss what dreaming means to you
- discuss different types of dreams
- analyse a sample dream as a group
- work creatively with your own dreams
- discuss reorientation of dreams
- look at dreams through Adlerian concepts such as social interest, psychological movement, masculine protest, compensatory movement, family constellation and others.

**About the facilitator**

Jill Reynolds, BSc. IIP Dip. IIP accredited, IIP Supervisor is currently the first and third year tutor on the Bucks Adlerian Counselling & Psychotherapy Training Course. She did her Adlerian counselling training between 1995 and 1999, and her tutor apprenticeship between 2000-2001, alongside completing a Psychology degree with the Open University. She was awarded the ASIIP Diploma in 2006, the ASIIP Certificate in Adlerian Supervision in 2007, and in that same year, became an Accredited Adlerian Counsellor. She is a tutor in Adult Education and has a private counseling practice in Buckingham seeing adults, children and working with families

BOOKING SLIP for "Dreams -The Power to Change your Life" workshop on Saturday 7 October 2017

BAT students: £40 Non-BAT students: £60.00

For all enquiries and booking contact Jill Reynolds on 01280 847853 or email: [jill@adlerian.org.uk](mailto:jill@adlerian.org.uk).

[www.adlerian.org.uk](http://www.adlerian.org.uk)

**If you have any special needs, please let us know and we will do our best to accommodate these, please call to discuss**

Name ..... Telephone .....

Address .....

Email .....

Please send to **Jill Reynolds, BAT, Manor Barn House, Water Stratford, Bucks MK18 5DS** with a cheque payable to **Bucks Adlerian Training**, or bring cash on the day. A CPD attendance certificate will be provided.

Fees paid for workshops are non-refundable. If you are unable to attend, you are welcome to send someone in your place.