



Workshop Title: **Encouragement & Social Interest.**

Facilitator Jill Reynolds

Date/time **Saturday 17 November 2018** (09.00 gathering for 9.30 start. Finish 17.00)

Venue Manor Barn House, Water Stratford, Buckingham MK18 5DS

If you have any special needs, please let us know

Please bring a food contribution of food towards a shared lunch

**About the workshop**

***Encouragement and Social interest are 2 sides of the same coin. With encouragement we feel a sense of belonging and with that sense of belonging, we have an interest in the interests of others. Social interest is the best measure of mental and physical health, and yet it is so easy to become discouraged and have inferiority feelings.***

***This workshop will explore these two concepts and their crucial roles not only in Adlerian therapy but as part of everyday life.***

***We will link these concepts to the 5 basic premises, and use ERs and dreams to not only understand, but feel what it feels like to be encouraged and experience social interest***

**About the facilitator**

Jill Reynolds, BSc. IIP Dip. IIP accredited, IIP Supervisor is currently the first and third year tutor on the Bucks Adlerian Counselling & Psychotherapy Training Course. She did her Adlerian counselling training between 1995 and 1999, and her tutor apprenticeship between 2000-2001, alongside completing a Psychology degree with the Open University. She was awarded the ASIIP Diploma in 2006, the ASIIP Certificate in Adlerian Supervision in 2007, and in that same year, became an Accredited Adlerian Counsellor. She is a tutor in Adult Education and has a private counseling practice in Buckingham seeing adults, children and working with families

**BOOKING SLIP Encouragement & Social Interest**

FEE: £40 (£60 for non-Adlerian Students) to be paid 2 weeks before the workshop. If you are unable to attend, as a friend to come in your place!.

For all enquiries and booking contact Jill Reynolds on 01280 847853 or email: [jill@adlerian.org.uk](mailto:jill@adlerian.org.uk)

For more information: [www.adlerian.org.uk](http://www.adlerian.org.uk)

Name..... telephone/email.....

Address .....

Please email or post to **Jill Reynolds, BAT, Manor Barn House, Water Stratford, Bucks MK18 5DS** with a cheque payable to **Bucks Adlerian Training**. Bank account details can be provided for bank transfers. CPD attendance certificate will be provided.