



Bucks Adlerian Training



BAT is an organisational member of the Adlerian Society UK and Institute for Individual Psychology and provides professional training courses accredited by ASIIP www.asiip.org

Workshop Title Exploring Parenting – Living with Teenagers: a Professional Development Workshop
Facilitator Janina Bell
Date/time Saturday 17 March 2018 (09.00 gathering for 0930 start. Finish 1700)
Venue Manor Barn House, Water Stratford, Buckingham MK18 5DS
If you have any special needs, please let us know
Please bring a contribution of food towards a shared lunch

About the workshop

This workshop is intended for those working in roles providing parenting support and advice as well as parents looking for techniques to use in their own parenting. Participants will have the opportunity to look at the Adlerian perspective on parenting and learn some useful techniques to take away to use. The focus for the day will living with teenagers but will remain flexible in order for participants to also explore particular topics they would like to bring.

Topics covered could include:

- Family Meetings
Crucial C's
Encouraging cooperation
Parenting Styles
Social Media

This is an interactive workshop with experiential exercises and plenty of time for questions & answers, plus up-to-date handouts.

Please advise when you sign up of any particular parenting topics you would like covered.

About the facilitator

Janina Bell (BA (Hons), PGCE, Dip Adlerian Counselling, Cert (Therapeutic Play), MBACP, MASIIP)
Janina works on a freelance basis as an Adlerian counsellor and parenting practitioner and also offers Therapeutic Life Story Work for adopted children and children in long term foster care. She has almost 30 years of work experience as a teacher and working in family and parenting support. She regularly delivers parenting courses, including a bespoke course for parents with adopted children. She is a qualified teacher and an experienced group facilitator and a co-tutor with Bucks Adlerian Training.
She is a parent, a grand-parent and a step-parent and step-grandparent.

BOOKING SLIP for Exploring Parenting – a Professional Development Workshop on Saturday 17 March 2018
FEE: £60 (£40 for Adlerian Students) to be paid in full by Monday 12 March).
For all enquiries and booking contact Jill Reynolds on 01280 847853 or email: jill@adlerian.org.uk
For more information: www.adlerian.org.uk

Name Telephone

Address

Email

Please email or post to Jill Reynolds, BAT, Manor Barn House, Water Stratford, Bucks MK18 5DS with a cheque payable to Bucks Adlerian Training. Bank account details can be provided for bank transfers. CPD attendance certificate will be provided.