



Adlerian Society UK
Institute for Individual
Psychology
www.asiip.org

60% discount for current
psychotherapy/counselling
students – limited places
are available – contact
Bottisham Village College

Dr Karen John is a developmental psychologist, researcher, trainer, lecturer, consultant, psychotherapist, and supervisor. With nearly 40 years of experience in mental health services, research and training, her abiding aim is to help individuals, families, organisations and a range of professionals to recognise and overcome internal and external obstacles that interfere with their healthy functioning and development. Over the past ten years she has supported agencies, leaders and staff involved in integrating services for children and families. Most recently she has been mentoring and tutoring leaders of Children's Centres and MA courses. She has developed a number of short courses on child and adolescent mental health, work-based supervision, family change and changing families, and working with young people and families.

One-day workshop 9.45am-5pm

Saturday 10 March 2012

Bottisham Village College, Lode Rd, Bottisham, Cambridge CB25 9DL (01223 811372)

Psychopathology and clinical skills in counselling

Presented by **Karen John** PhD

This one-day workshop offers counsellors and psychotherapists the opportunity to develop their clinical skills further through exploring a range of psychiatric diagnoses.

Following exploration of 'normality', 'neurosis' and 'psychosis', Karen will focus particularly on depression, bipolar disorder (manic-depression), and a range of anxiety disorders, e.g. phobias, panic disorder, and obsessive compulsive disorders. She will also address issues relating to borderline personality disorder, and discuss early symptoms of psychosis.

Karen will be referring to DSMIV and ICD 10 and offering a critical analysis of these standard diagnostic systems in relation to Adlerian formulations and clients' mental distress.

Participants are invited to bring case material (appropriately disguised) or specific issues relating to their own experience in the therapy/ counselling process. The aim is to make the workshop as experiential as possible.

Tea & coffee will be provided. Please bring some food for a shared lunch.

BOOKING SLIP 'Psychopathology & clinical skills' workshop on Sat 10 March 2012 Fee £100 (£80 concessionary)

For all enquiries & to check eligibility for concessionary rates, contact Bottisham Village College on 01223 811372 or email: starasewicz@bottishamvc.org

Name Phone

Address

..... Email

Please tick the appropriate boxes below. I am attending as part of:

the Advanced Certificate Training Programme (payment made separately)

the Continuing Professional Development Programme and enclose payment of £100 £80

Please send this form to: Counselling Course Co-ordinator, Bottisham Village College, Lode Road, Bottisham, Cambridge CB25 9DL **with your cheque** made payable to 'Bottisham Village College'