



**A Weekend of Lectures, Groups and Discussion
RESIDENTIAL WEEKEND**

St Hilda's College Oxford

Friday 4th – Sunday 6th September 2009

Alfred Adler- a Man Ahead of His Time?

An Exploration of His Ideas in Use Today

Adler & Adlerism: Our Use of Facts & Fictions
Jim Holloway

On Meeting Adler in the Juvenile Courts Service
Lennox K Thomas

**Moving towards Self-responsibility:
the shared legacy of Adler**
Clarissa Cochran

A Good Enough Fit
Jill Reynolds

Further Information from:
The Administrator, 73 South Ealing Road, London W5 4QR
020 8567 8360.
Website: www.adleriansociety.co.uk

LECTURES

“Adler & Adlerism: Our Use of Facts & Fictions”

Jim Holloway

Seven decades after Alfred Adler’s death, what are we really making of this man? While his life and work continue to inspire us, and the Associations and Societies that carry his name successfully sustain and develop his legacy, what are the kinds of ‘folklore’ or conventional tales we receive and repeat about Adler and the creation of Individual Psychology? This talk will explore ‘the Adler story’ as both factual and fictional, inviting reflection on the meanings and metaphors we take from it individually, and arguing for a bold synthesis of established and wild thinking about the Adlerian narrative.

Jim Holloway (BA Dip IIP MBACP Accred) runs an independent practice in Cambridge as a full-time Adlerian/Integrative counsellor, therapist and supervisor, specialising in anger management for adults. Previously he worked for many years as a counselling charity administrator and was a volunteer counsellor and trustee-director at a support centre for young people. He is currently ASIIP’s Registrar.

“On Meeting Adler in the Juvenile Courts Service”

Lennox K Thomas

I will discuss the contribution made by Alfred Adler to contemporary depth psychology particularly from my position as a probation officer and Family therapist working with young people and their families thirty six years ago. Adler continued to have more presence in my work than I would have recognised for many years as I grappled with the issues of fairness, justice and anti-discriminatory psychotherapy. He is one the earliest psychoanalysts to recognise the external world not just because of its impact on intrapsychic processes, but because we are social beings. Offering a non reductive view of psychotherapy attracted others to his work and he would be credited as a forerunner of Winnicott, Bowlby and Margaret Lowenfeld who all recognised the impact of the environment as a culture in which we are shaped.

Lennox’s career began after training in Child Care, Child Development, working in a children’s home and later in a hospital with neonates and parents. Newly acquainted with the work of Donald Winnicott and John Bowlby he attended seminars with Claire Winnicott. Lennox trained in child and family psychotherapy in the 1970’s before training in psychoanalytic psychotherapy at the BAP. He worked in the Probation service for many years before his appointment as Clinical Director of Nafsiyat, the intercultural therapy centre. Having academic connections with UCL and he was Co- Director of the UCL MSc in Intercultural Psychotherapy. Now Consultant Psychotherapist at the Refugee Therapy Centre, he has a small private practice and is a training therapist and supervisor. Lennox is an Honorary Fellow of the UKCP.

“Moving towards Self-responsibility: the shared legacy of Adler.”
A personal exploration of some striking similarities between Adlerian ideas
& more recent approaches in psychotherapy
Clarissa Cochran

I have worked freelance for many years, having added to my initial art therapy and counselling training with an Advanced Diploma in Art Psychotherapy, a foundation in Group therapy, (both from Goldsmiths College, London University), and ‘Person centred’ art therapy. And most recently the Cambridge Training in Supervision. I ran art therapy sessions, both informally in the community and through the NHS (Haverhill Mental Health Care Team) working as a counsellor, art therapist, trainer and artist - and since 2000 as a Supervisor.

Deciding as a child that I wanted to be an ‘artist’, I spent a confused 3 years or so at various art schools before working in a children’s hospital in London and training to be an art therapist. After marriage to an actor and with two small children, I re-married and taught art part-time in community education, including the local prison. Eventually realising that my second marriage was also failing, and desperately unhappy and confused, sought the help of an excellent Relate counsellor. At last the space and insights I so needed – counselling training followed swiftly! Luckily I chose the Adlerian course at Bottisham, for Adler (like C.G. Jung), valued the image – the bridge to art therapy plus the much needed encouragement! The teachings of Buddhism and membership of the Community of Interbeing (of Thich Nhat Hanh) have also become key.

Issa Cochran (Dip. IIP/Reg. Art Th.)

“A Good Enough Fit”
Jill Reynolds

It has been said that Adler was a man ahead of his time. This talk invites you to explore with me, whether his philosophy, ideas, concepts and therapeutic interventions are relevant to today’s world. My aim is to journey with you through the five basic premises of social embeddedness, biased apperception, creativity, purposive behaviour and holism, taking in, as we go, some subsidiary aspects such as masculine protest. As we pause to consider each of these, we will have the opportunity to assess the relevance of Adler’s work through the lenses of modern medicine, education, parenting, therapy, supervision, politics, and everyday life.

Jill qualified with a Diploma in Adlerian Counselling in 1999, a Diploma in Supervision in 2007, and became an ASIIP accredited counsellor also in 2007. She started her career as an Adlerian tutor with a two year apprenticeship prior to becoming a first year tutor on the Aylesbury counselling training course. She is now fourth year tutor and course administrator with Bucks Adlerian Training. She has a degree in Psychology and post-graduate adult education teaching qualifications. She has a private counselling practice in Buckingham, and works voluntarily for Connexions, counselling young people aged 13 to 19. She is a member of the British Association for Counselling and Psychotherapy and the British Psychological Society.

Jill is also part of the team running the annual Adlerian Summerschool at Green Park in Buckinghamshire, now in its 18th year, and is a Trustee of the Adlerian Sanctuary Trust.

PROVISIONAL INFORMATION

FRIDAY 4th SEPTEMBER 2009

- 5.00pm Arrival and Registration
6.00pm Drinks available in the Entrance Hall, South Building
6.30pm Buffet supper
8.00pm WELCOME by Gill Turner
8.15pm **'Adler & Adlerism: Our Use of Facts & Fictions'**
Jim Holloway
9.45pm Refreshments and introduction to Small Groups

SATURDAY 5th SEPTEMBER 2009

- 8.00am Breakfast
9.00am **'On Meeting Adler in the Juvenile Courts Service'**
Lennox K Thomas
10.30am Tea/Coffee
11.00am Small Groups
12.00am Drinks available in the Entrance Hall -South Building
12.30am Buffet Lunch
1.30pm FREE TIME - BOOKSTALL OPENS
3.30pm **'Moving Towards Self-Responsibility: the shared legacy of Adler'**
Clarissa Cochran
5.00pm Tea/Coffee
5.30pm Small Groups
7.00pm Drinks available in the Entrance Hall, South Building
7.30pm Buffet supper
9.00pm DO-IT-OURSELVES ENTERTAINMENT & BAR
Can you sing, play a musical instrument, tell a funny story? Let your talent show.

SUNDAY 6TH SEPTEMBER 2009

- 8.15am Breakfast
9.30am **'A Good Enough Fit'**
Jill Reynolds
11.00am Tea/Coffee
11.30am Small Groups
12.30 Drinks available in the Entrance Hall, South Building
1.00pm Lunch
2.00pm **Closure**
Margaret Wadsley
3.30pm Tea/coffee
4.15pm Departure

PRACTICAL INFORMATION

1. *Completing the booking form.* Please complete the personal details at the top of the booking form as appropriate to your own circumstances. Every effort will be made to comply with particular requests wherever possible. However, the final allocation of rooms is decided by the College Steward. In the fees section of the form, please complete the £ column as appropriate and total it at the bottom.

2. *Reductions.* Please note that once again we have been able to offer reductions to residential applicants whose booking forms are received by the 14th August 2009. However, the full payment would be appreciated where possible, and the difference will be allocated to the Scholarship Fund.

3. *Payment by instalment.* If you wish to spread the cost of the weekend and are a member of the Adlerian Society, you may pay by instalment with a standing order. Should you wish to take advantage of this facility, please enclose a minimum non-refundable deposit of £60.00 with your form, and make arrangements with your Bank or Building Society to pay the balance by standing order, an amount not less than £40 per month.

Payment should be made to: ASIIP, Lloyds TSB Ealing Broadway Branch, 44-45, The Broadway, London W5 5JU sort: 30-92-82 Acc.No. 1848986

Please send details of your arrangement with your booking.

4. *Scholarships.* Several partial and full scholarships are available for members of the Adlerian Society. Application forms are available by ringing 0208 567 8360. Please complete it giving reasons for consideration, and should be sent to: The Administration Office, 73 South Ealing Road, W5 4QR, by 7th August 2009

5. *Concessionary fees.* A limited number of places are reserved at a special rate of £240.(*see form*) Concessionary fees are available for anyone who is: a) unwaged with no other personal income; b) in receipt of a DSS retirement pension (not a private pension) or benefit (except child, maternity or sickness benefit), an LEA student grant or training/enterprise award; c) facing exceptional financial difficulties, each case to be examined on its own merit. The concessionary fees are available if you have been in receipt of a benefit during the year prior to your application.

6. *Applications.* All booking forms and appropriate payments should be sent to: - ASIIP, Administrative Office, 73 South Ealing Road, London W5 4QR to arrive not later than Friday 28th August 2009

7. *Cancellations.* Bookings that are subsequently cancelled will be subject to a cancellation charge of £60. Refunds cannot be offered for cancellation after Friday 28th August 2009 other than in exceptional circumstances.

8. *Residential fees.* These include the cost of all meals, tea and coffee as shown on the booking form. At all other times, drinks in the Entrance Hall Bar, are extra.

9. *Non-residential fees.* These include all meals, tea and coffee and the opening session after supper on the Friday evening.

10. *Car parking.* A few parking spaces are available at the college, if booked in advance, for an extra charge of £2 per night/day.

11. *Car sharing.* If you intend to travel by car and have space to share with another participant, please come forward and contact the co-ordinator of the weekend, Ann Hariades, on 020 8567 8360.

12. *Enquiries.* Telephone enquiries about matters not covered above should be made to the co-ordinator of the weekend, Ann Hariades, on 020 8567 8360.

13. *Bring and Buy Sale.* Every year a Bring and Buy Sale is held during the Oxford Weekend to raise funds for the Adlerian Society Scholarships Fund. You are invited to bring books, bottles or bric-a-brac for the sale and auction. All contributions are very much appreciated.

The weekend organisers - Gwyneth Evans-Patel, Susan Glass, Ann Hariades and Gill Turner, look forward to welcoming you to Oxford in September

CPD Certificates are available.



**ADLERIAN SOCIETY (UK) AND THE INSTITUTE OF
INDIVIDUAL PSYCHOLOGY**

OXFORD WEEKEND 4th - 6th SEPTEMBER 2009

BOOKING FORM

(Please read the notes in the Practical Information section before completing the booking form and use **CAPITAL LETTERS**)

Name:

Address:

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.....Post code:

Tel:

email.....

<u>RESIDENTIAL</u>	Standard Room	En suite Room	Amount
Full board			
Before 14 th August 2009	£ 280.00	£ 312.00	£.....
After 14 th August 2009	£ 310.00	£ 340.00	£.....
Concessions before 18 th August	£ 240.00		£.....
Concessions after 18 th August	£ 260.00		£.....

<u>Single night B&B</u>	£ 58.00	£ 74.00	£.....
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<u>Speakers</u> (This includes refreshments)	Full	Concession	
Saturday:	£ 65.00	£ 55.00	£.....
Sunday:	£ 65.00	£ 55.00	£.....

NON-RESIDENTIAL (including all lunches, suppers and refreshments)

	Full	Concession	
Before 14 th August	£ 194.00	£ 174.00	£.....
After 14 th August	£ 224.00	£ 204.00	£.....

