

A residential weekend of lectures, groups & discussions
St Hilda's College Oxford
Friday 3rd to Sunday 5th September 2010



How do families prepare children for a society in constant change?

A weekend exploring ways to keep
Adlerian values alive today for the
emotional well-being of families

Belonging and significance

Alfred Adler's observations of our shared and individual solutions

Dr Karen John

Enhancing the role of elders in the family

Maintaining the '4 Cs' into the 'Third Age'

Wendy Goddard

Child motivation and personality formation

Movements in personal survival

Jill Reynolds & Rosemarie White

The impact of mental health problems on children & families

David Glover-Wright

ASIP is a Registered Charity No. 288758

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Tel: 020 8567 8360 **Email:** a.hariades@sky.com **Web:** www.adleriansociety.co.uk

Oxford 2010 Programme

Friday 3rd Sept

- 5.00pm Arrival and registration
- 6.00pm Drinks available
- 6.30pm Buffet supper
- 8.00pm WELCOME
- 8.15pm **Belonging and significance: Alfred Adler's observations of our shared and individual solutions** *Dr Karen John*
- 9.45pm Bar, tea/coffee. Introduction to small groups

Saturday 4th Sept

- 8.00am Breakfast
- 9.00am **Enhancing the role of elders in the family: Maintaining the '4 Cs' in the 'Third Age'** *Wendy Goddard*
- 10.30am Tea/coffee
- 11.00am Small groups
- 12.00pm Drinks
- 12.30pm Buffet lunch
- 1.30pm Free time. Bookstall opens
- 3.30pm **Child motivation and personality formation: Movements in personal survival** *Jill Reynolds & Rosemarie White*
- 5.00pm Tea/coffee
- 5.30pm Small groups
- 7.00pm Drinks
- 7.30pm Buffet supper
- 9.00pm Do-it-ourselves entertainment & bar
Can you sing, play a musical instrument, tell a funny story? Let your talent show!

Sunday 5th Sept

- 8.15am Breakfast
- 9.30am **The impact of mental health problems on children and families** *David Glover-Wright*
- 11.00am Tea/coffee
- 11.30am Small groups
- 12.30pm Drinks
- 1.00pm Buffet lunch
- 2.00pm CLOSURE *Margaret Wadsley*
- 3.30pm Tea/coffee
- 4.15pm Departure

The Adlerian Society has held its annual residential weekend in the comfortable and relaxing venue of St Hilda's College in Oxford for many years, and we welcome all members of ASIIP as well as non-members. This year's event promises to be a lively gathering with the lectures offering a strong focus on family life. The small group discussions are bound to be as stimulating as ever, and the large riverside garden is perfect for quiet contemplation too. Come for all or part of the three-day programme. Whether you are an old hand or a newcomer – we look forward to seeing you there!

Belonging and significance

Alfred Adler's observations of our shared needs and individual solutions

Friday night lecture by **Dr Karen John**

Adler's observations about our shared striving to meet our basic psychological needs, to feel we belong and to feel significant in our belonging, provide a simple, yet profound framework that promotes understanding and forgiveness of ourselves and others, as well as clues to discovering how each individual uniquely solves the problems of living with others. This interactive presentation aims to demonstrate the wide appeal and application of a psychology that accurately and compassionately describes our lived and felt human experiences.

Karen is a developmental psychologist who works as a consultant, researcher, trainer, psychotherapist, counsellor and as a supervisor of therapeutic and work-based practice. With 38 years of experience in academic psychology, psychiatry and mental health services, her abiding aim is to help individuals, families, organisations and a range of professionals to recognise and overcome internal and external obstacles that interfere with their healthy functioning and development.

Enhancing the role of elders in families and society

Maintaining the '4 Cs' into the 'Third Age'

Saturday morning lecture by **Wendy Goddard**

This interactive talk will explore ways in which we can improve the well-being of our elders by drawing upon the values and principles of Adler. Furthermore, we will look at how these elders can contribute to the mental health of the younger generation. In our fragmented society we need to find ways in which we can promote the shared interests of humanity and rebuild the fractured lives that many of our young are now experiencing.

Wendy has been a psychiatric nurse, teacher, and supervisor, but always had young people and families at the heart of her work. She founded 'The Listening Ear', a Bournemouth based charity, and having trained counsellors who joined the organisation she has since built up a portfolio of clients nationally, training in a variety of topics related to management, young people and parenting. She provides training and supervision for professionals working with families, including Children's Centre Managers and Family Support Workers. She also facilitates parent groups, has three parenting programmes published and delivers nationally an ASIIP accredited programme for facilitating parenting groups and runs workshops for the Adlerian Summer Schools.

Child motivation and personality formation

Movements in personal survival

Saturday afternoon lecture by **Jill Reynolds & Rosemarie White**

This workshop focuses on children and young people, and looks at how they find a place in their family by creating a movement toward their chosen goals. In this choice they creatively shape their personality, as they see it, to survive in their family, thus forming their belief systems in which “only if’s” exist. This set of beliefs then forms the basis of how they perceive and experience the world, which can remain unchanged throughout life, containing biases and mistakes. It seems important therefore to work with children and young people to enable them to understand their motivations and movements, so that they can make different choices early on in life, which may enhance their social interest and richness in life.

Jill qualified with a Diploma in Adlerian Counselling in 1999, a Diploma in Supervision in 2007, and became an ASIIP accredited counsellor also in 2007. She is a tutor and administrator of Bucks Adlerian Training. Jill is also part of the team running the annual Adlerian Summer School at Green Park in Buckinghamshire, now in its nineteenth year, and is a Trustee of the Adlerian Sanctuary Trust.

Following a career in the commercial world of recruitment and career counselling, Rosemarie completed her Adlerian Diploma in August 2008. She found that the Lifestyle toolkit enabled her to support clients who were seeking redirection following redundancy and major life changes. Her training led to an interest in lifestyle in the formative years and she now works for Milton Keynes Council as part of the Parent Support Team, delivering parenting programmes and support. She was awarded the Certificate in Adlerian Facilitation of Parent Education Groups in September 2009.

The impact of mental health problems on children & families

Sunday morning lecture by **David Glover-Wright**

We will look at how parental mental health problems impact on children and young people. We will discuss good practice initiatives and review the ‘think family’ approach. We will focus on some case examples and review populist views of mental health problems and how these shape service provision and outcomes.

David is a children’s services manager in Milton Keynes. Since 2006, he has been managing a family support team and family resource centre. They provide support to vulnerable families throughout the MK area and work with both the parent(s) and children in their key objective of helping to improve the lives and outcomes of children. Prior to his children’s service position he managed adult mental health services in Milton Keynes. He has a background in training and was previously a senior lecturer in social work. He is currently an associate lecturer with the Open University and continues to work as a freelance trainer specialising in statutory mental health practice and understanding the impact of mental health problems on families.

Practical information

1. Completing the booking form: Please complete the personal details at the top of the booking form as appropriate to your own circumstances. Every effort will be made to comply with particular requests wherever possible. However, the final allocation of rooms is decided by the College Steward. In the fees section of the form, please complete the £ column as appropriate and total it at the bottom.

2. Reductions: Please note that once again we are able to offer reductions to residential applicants whose booking forms are received by **13th August 2010**. However, the full payment would be appreciated where possible, and the difference will be allocated to the Scholarship Fund.

3. Payment by instalment: If you wish to spread the cost of the weekend and are a member of ASIIP, you may pay by instalment with a standing order. Should you wish to take advantage of this facility, please enclose a minimum non-refundable deposit of £90.00 with your form, and make arrangements with your Bank or Building Society to pay the balance by standing order, an amount not less than £40 per month. Payment should be made to: ASIIP, Lloyds TSB (Ealing Broadway Branch), 44-45 The Broadway, London W5 5JU. Sort: 30-92-82, Acc. No. 1848986.

Please send details of your arrangement with your booking.

4. Scholarships: Several partial and full scholarships are available for members of ASIIP. For an application form, call 0208 567 8360. After completing it, giving reasons for consideration, please return it to: ASIIP Administration Office, 73 South Ealing Road, London W5 4QR, **by 6 August 2010**.

5. Concessionary fees: A limited number of places are reserved at a special rate of £240 (*see form*). Concessionary fees are available for anyone who is: (a) unwaged with no other personal income; (b) in receipt of a DSS retirement pension (not a private pension) or benefit (except child, maternity or sickness benefit), an LEA student grant or training/enterprise award; (c) facing exceptional financial difficulties, each case to be examined on its own merit. The concessionary fees are available if you have been in receipt of a benefit during the year prior to your application.

6. Applications: All booking forms and appropriate payments should be sent to: ASIIP Administrative Office, 73 South Ealing Road, London W5 4QR **to arrive not later than Friday 27 August 2010.**

7. Cancellations: Bookings that are subsequently cancelled will be subject to a cancellation charge of £90. Refunds cannot be offered for cancellations made after Friday 27 August 2010, other than in exceptional circumstances.

8. Residential fees: These include the cost of all meals, tea/coffee as shown on the booking form. At all other times, drinks in the entrance hall bar are extra.

9. Non-residential fees: These include all meals, tea/coffee and the opening session after supper on the Friday evening.

10. Car parking: A few parking spaces are available at the college, if booked in advance, for an extra charge of £2 per night/day.

11. Car sharing: If you intend to travel by car and have space to share with another participant, please contact the co-ordinator of the weekend, Ann Hariades, on 020 8567 8360. Thank you.

12. Enquiries: Telephone enquiries about matters not covered above should be made to the co-ordinator of the weekend, Ann Hariades, on 020 8567 8360.

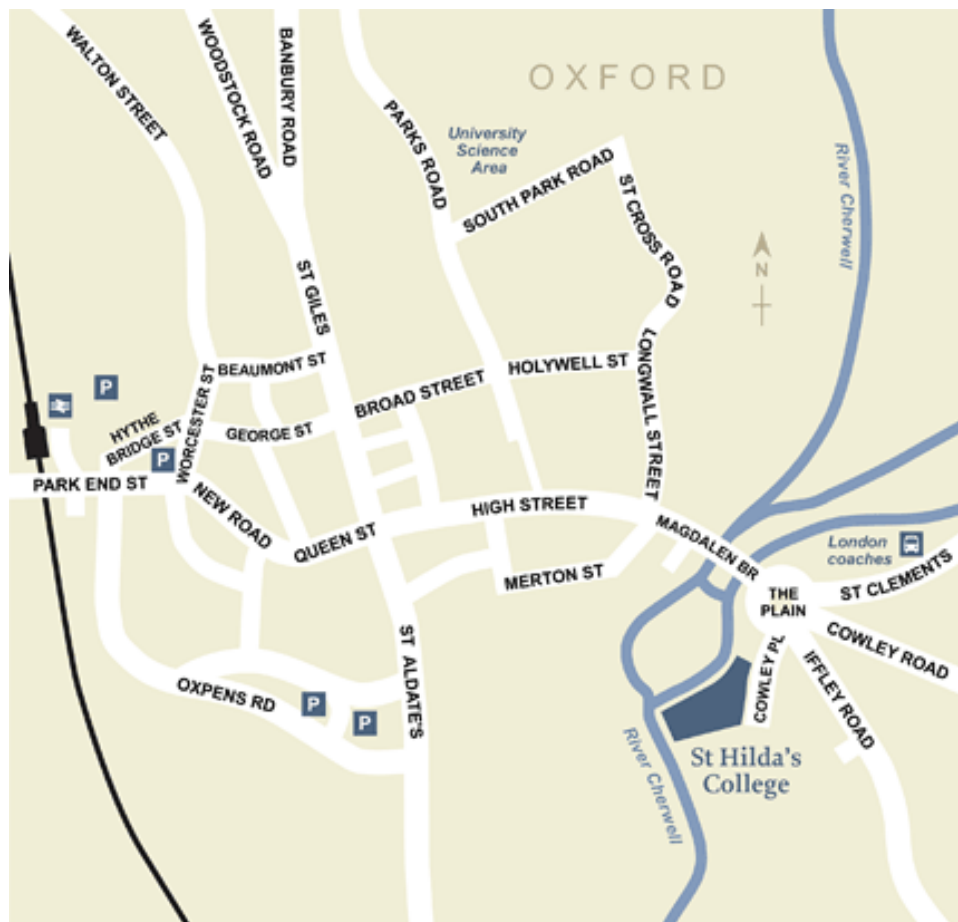
13. Bring & Buy Sale: Every year a Bring & Buy Sale is held during the Oxford Weekend to raise funds for the Adlerian Society's Scholarships Fund. You are invited to bring books, bottles or bric-a-brac for the sale and auction. All contributions are very much appreciated.

The weekend organisers, Ann Hariades and the Committee, look forward to welcoming you to Oxford in September.

CPD Certificates are available.

St Hilda's College
Cowley Place
Oxford
OX4 1DY

Venue enquiries only: 01865 276884



Oxford 2010 Booking form

Please read the notes in the Practical Information section before completing this booking form. Please use CAPITAL LETTERS. Thank you.

Name

Address

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..... Postcode

Telephone Email

RESIDENTIAL	Standard room	En suite room	Amount
Full board			
Booked before 13 August 2010	£280	£312	£
Booked after 13 August 2010	£310	£340	£
Concessions before 13 August	£240		£
Concessions after 13 August	£260		£

Single night B&B	£58	£74	£
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Speakers (inc. refreshments)	Full	Concession	
Saturday	£65	£55	£
Sunday	£65	£55	£

Non-residential (inc. lunches, suppers & refreshments)	Full	Concession	
Before 13 August	£194	£174	£
After 13 August	£224	£204	£

Meals (all are buffet)			
Friday supper: £17.50	Saturday supper: £17.50		£
Saturday lunch: £17.50	Sunday lunch: £17.50		£

Parking			
Two nights/days: £4	One night/day: £2		£

On arrival at the lodge at the gates please collect your parking permit and sign for your room key. Welcome and registration is in the entrance hall of South Building.

Total £

PTO

Dietary requirements (please tick as appropriate)

Vegetarian Vegan Fish-eating Vegetarian No pork No dairy

Gluten free Any other dietary requirements

Accommodation

Standard rooms have a hand basin. En suite rooms have a shower and WC. Bedding: duvets. Tea/coffee-making facilities are available in the room.

I would like a room next to (please give name/s):

.....

Payment (see Practical Information note 3)

If you would like a receipt please include a SAE with your payment

Though a preferential rate is offered for early booking, full payment would be appreciated where possible. The difference will be added to the scholarship fund.

Please make your cheque payable to **ASIIP** and send it with this completed form to:

ASIIP Administration Office, 73 South Ealing Road, London W5 4QR

NB: Your cheque will appear on your September bank statement.
