



Bucks Adlerian Training

Workshop Title **Snapshots of Childhood – working with Early Recollections**
 Date/time **Saturday 11 November 2017**
 0900 gathering for 0930 start, finish 1700
 Venue **Manor Barn House, Water Stratford, Buckingham MK18 5DS**
Please bring a contribution of food towards a shared lunch

About the workshop

Alfred Adler considered that there were no chance early recollections. In early memories we may find nonverbal messages and descriptions of how we view our current life. This happens from birth (some agree before birth) to about 5 years old. Whilst we are embedded in our family of origin with experiences of early school life, we create the convictions (absolutes) about ourselves, other people and the world we inhabit. At this time of life that we are wonderful observers and sponges for information, but we have very little experience – so we make mistakes, some little and some a bit bigger!.

In this workshop we will have the opportunity to turn back the pages in the story of our lives, to remember and explore the times which stood out for each of us, and look at the meaning of these memories and the purpose of remembering them, and why we keep them alive in our memories today – and the mistakes they contain which we carry through, outside of our awareness, into adulthood. Our lifestyle template.

This is a workshop which needs your cooperation, because it is your memories that we will be working with, so jot a few of these down in advance and bring some photos of yourself as a child if you have these available. The workshop is experiential and creative and will include Adlerian theory as well as an opportunity for you to work in small groups honing your skills in taking early memories from each other.

About the facilitator

Jill Reynolds, BSc. IIP Dip. IIP accredited, IIP Supervisor is currently a first and fourth year tutor on the Bucks Adlerian Counselling & Psychotherapy Training. She did her Adlerian counselling training between 1995 and 1999, and her tutor apprenticeship between 2000-2001, alongside completing a Psychology degree with the Open University. She was awarded the ASIIP Diploma in 2006, the ASIIP Certificate in Adlerian Supervision in 2007, and in that same year, became an Accredited Adlerian Counsellor. She is a tutor in Adult Education and has a private counseling practice in Buckingham seeing adults, children and working with families

BOOKING SLIP for “Snapshots of Childhood” 11 November 2017. Adlerian students £40.00. Non students: £60.00. Payment is required 2 weeks before the training to secure your place. For all enquiries & booking: Jill Reynolds 01280 847853 or email: jill@adlerian.org.uk; : www.adlerian.org.uk

If you have any special needs, please let us know and we will do our best to accommodate these, please call to discuss

Name..... Telephone.....

Address.....

Email.....

Please send booking form & payment to Jill Reynolds, Manor Barn House, Water Stratford, Bucks MK18 5DS . Cheques payable to Bucks Adlerian Training. CPD certificate provided on completion of the training
 Fees paid for workshops are non-refundable. If you are unable to attend, you are welcome to send someone in your place.