



Bucks Adlerian Training



BAT is an organisational member of the Adlerian Society UK and Institute for Individual Psychology and provides professional training courses accredited by ASIIP www.asiip.org

Workshop Title: Working Safely with Trauma, based on Babette Rothschild's "The Body Remembers"
Facilitators Emma Sweetland, Janina Bell & Jill Reynolds
Date/time **Saturday 9th & Sunday 10th March 2019** (09.00 gathering for 9.30 prompt start on both days). Finish 17.00)
Venue Parking at Manor Barn House, Water Stratford, Buckingham MK18 5DS, to walk to The Old School, Water Stratford.

If you have any special needs, please let us know

Please bring a food contribution of food towards a shared lunch on both days

About the workshop

Janina & Jill completed a professional training course in somatic trauma therapy with Babette Rothschild. They are pleased to be able to share their learning with participants over this weekend. They are joined by Emma Sweetland, a qualified Adlerian Counsellor who is also an immunologist. On Saturday we will cover anatomy, physiology & biochemistry related to trauma, followed by an introduction to some practical techniques for working with trauma. On Sunday, there will be further opportunities to practice techniques using client material. It is strongly recommended that participants read "The Body Remembers" before attending the training.

About the facilitators

Jill Reynolds, BSc. IIP Dip. IIP accredited, IIP Supervisor is currently the first and third year tutor on the Bucks Adlerian Counselling & Psychotherapy Training Course. She did her Adlerian counselling training between 1995 and 1999, and her tutor apprenticeship between 2000-2001, alongside completing a Psychology degree with the Open University. She was awarded the ASIIP Diploma in 2006, the ASIIP Certificate in Adlerian Supervision in 2007, and in that same year, became an Accredited Adlerian Counsellor. She is a tutor in Adult Education and has a private counseling practice in Buckingham seeing adults, children and working with families

Janina Bell (BA (Hons), PGCE, Dip Adlerian Counselling, Cert (Therapeutic Play), MBACP, MASIIP)

Janina works on a freelance basis as an Adlerian counsellor and parenting practitioner and also offers Therapeutic Life Story Work for adopted children and children in long term foster care. She has almost 30 years of work experience as a teacher and working in family and parenting support. She regularly delivers parenting courses, including a bespoke course for parents with adopted children. She is a qualified teacher and an experienced group facilitator and a co-tutor with Bucks Adlerian Training.

She is a parent, a grand-parent, step-parent and step-grandparent.

Emma Sweetland is a qualified Adlerian counsellor, having trained with Bucks Adlerian Training. She currently works as a copy editor and is a mother of 2. Prior to children she worked as a Clinical Research Assistant for Oxford University at the Weatherall Institute of Molecular Medicine in the Molecular Immunology department, on an immunological protein called Hfe which has evolved to regulate non-haem iron metabolism - when mutated hereditary haemochromatosis Type 1 results. Before this she worked for the BBSRC working on transmissible spongiform encephalopathies including Scrapie and BSE and for GlaxoSmithKlein in the production of large scale immunological therapies. Emma holds a BSc (Hons) in Microbiology & Virology and an MSc in Immunology.

BOOKING SLIP

FEE: £80 (£120 for non-Adlerian Students) to be paid 2 weeks before the workshop. If you are unable to attend, as a friend to come in your place as refunds are not available.

For all enquiries and booking contact Jill Reynolds on 01280 847853 or email: jill@adlerian.org.uk

For more information: www.adlerian.org.uk

Name..... telephone/email.....

Address

Please email or post to **Jill Reynolds, BAT, Manor Barn House, Water Stratford, Bucks MK18 5DS** with a cheque payable to **Bucks Adlerian Training**. Bank account details can be provided for bank transfers. CPD attendance certificate will be provided.