

YEAR BOOK 2003

From the Editorial

The challenge of democratic living, social education and the enabling of community feeling has emerged as a key theme in this eighth edition of the Year Book, and we are delighted to present articles from authors in the United States, Canada and Italy, as well as the United Kingdom.

The first paper by Professor Manford Sonstegard and Valerie Sonstegard emphasises that to enable the mental well-being of the community as a whole, we need both to contribute positively ourselves whilst enabling and encouraging positive contribution by others in the wider community in which we live.

This theme is echoed in Dr Henry Stein's article that explores the challenge of democratic political structures, and the positive solutions that Adlerian Psychology offers to this ideal, both in the community and the need to nurture our inner life.

Christopher Shelley's paper offers an analysis of differing depth psychologies' attitudes and practical applications to education, and, through this broad study, provides new insights into this important area of work.

Marion Balla's research into the life of Raissa Epstein Adler, Adler's wife, fills a previous void regarding details of Adler's family, and provides further understanding of Raissa's major influence on Adler's thinking, particularly around gender issues.

Ugo Sodini and Annamaria Teglia Sodini offer an analysis of the genesis of Adlerian theory in Italy, exploring what they perceive as misunderstandings surrounding the theory's basic social and philosophical tenets by today's Adlerians in Italy. They also provide a tribute to the work of Italian Adlerian, Gastone Canziani.

Following on from Part One presented in the 2002 Year Book, Hugh Clarke continues his discussion of the Adlerian approach as a base for integration. In this paper, the focus is on the connections between Transactional Analysis and Adlerian Therapies.

Anita Canter's article explores the use of "Inner Child" work, describing it as a tool that can be integrated into the Adlerian approach to therapy, offering practical ways in which the process may be introduced to the client.

Julia Herrick offers some personal reflections on connections between her experience as a musician and as an Adlerian practitioner, exploring how each experience informs the other, creating a whole from the roles of performer, teacher and counsellor.

Norma Angeli presents some research in the important area of Adlerian-based parent education, assessing the benefit to health visitors and other workers involved with parents of attending training in STEP (Systematic Training in Effective Parenting).

The Year Book concludes with reviews of two new publications, both incorporating Adlerian perspectives alongside other approaches: Dr Karen John reviews Eva Dreikurs Ferguson's book *Motivation*; Dr George Linden then reviews *The Self and Personality Structure* by Paul Brinich and Christopher Shelley.

We are deeply indebted to all the contributors to the Year Book, who have provided an ongoing and exciting expansion of Adlerian ideas.

The Editors

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