

We begin the *2012 Year Book* with an account of the discovery of Alfred Adler's cremated remains. The Austrian Adlerians Christine Rosche and Peter Zumer present their essay, "Notes on The Death of a Travelling Lecturer". The paper details the process of locating Adler's ashes in Edinburgh, the assistance they received from Scottish officials and the added backing provided by the City of Vienna in arranging Adler's ashes to be repatriated to Austria in a grave of honour.

Our next article is Guy J. Manaster's essay, "Separation – Trauma – Development: Describing Individual Psychology's History and Future". Due to illness, Professor Manaster was unable to present his talk at the 2011 Congress of the *International Association of Individual Psychology* (IAIP), held at the *University of Vienna* in July 2011. As Honorary President of the IAIP, we are privileged to be able to convey his thoughts through this essay in this edition of the *Year Book*.

Ursula Oberst's "Individual Psychology after 100 Years: State of Play" thematically follows up on Professor Manaster's essay by explicating some of the differences between Adlerian cultural emphases and methodologies. Startlingly, she notes that in some jurisdictions there are Adlerians who must be "clandestine" - in their identity as Adlerians - since entrenched attitudes, uninformed biases and politics within the psy-disciplines prevent professional acceptance and open practice as an Adlerian. This is unsettling news that requires follow-up and further conversation within the international Adlerian community.

Zivit Abramson's "Adler was Human: An Interview with Two Former Pupils" provides readers with a wisely seasoned, golden nugget. This interview sheds light on Adler's pedagogic commitment to explain and widely disseminate the ideas of Individual Psychology. It also demonstrates Adler's humility in action and his deep commitment to include a wide range of professionals – in this case teachers - within the active fold of the Adlerian fabric.

Klaus Hölzer's essay, "Phyllis Bottome: Political Activist, Student and Biographer of Alfred Adler" reminds readers of this fascinating British Adlerian, one whom Adler admired and entrusted with his biography. This crisply written portrait also honours Bottome's standing as a tireless activist and writer, an individual very important to our British Adlerian history and a not forgotten writer in the Anglophone world.

Gisela Eife's "Theory of Treatment" imparts English readers a theoretical and methodological glimpse into the work of German Adlerians, especially those working in the tradition of the Munich Institute. The clearly articulated consistencies of the Adlerian approach are crafted in this discussion to enhance intercultural understanding and to demonstrate the on-going efficacy of the approach as used in this Bavarian example of clinical practice.

Our *Year Book* colleague, co-Editor Karen John, presents an informative discussion on "Authority and Democracy 100 Years On". In honour of the 100th anniversary of Individual

Psychology's founding, Karen foregrounds the social and inter- as well as intra-personal importance of the democratic character amidst a world that continues to struggle with acquiring or extending levels of democracy in the context and challenges of global economic contractions.

The London-based therapist and writer Manu Bazzano enlivens thinking on a number of inter-connected issues with his essay, "Songs and Bloodless Duels: On Social Interest and Mutual Aid". Considering spiritual, utopian and anti-authoritarian thinkers within the context of vital Adlerian concepts, Manu gives us pause for thought and unknowing remembrance. Indeed, *remembrance* is specifically connoted with Manu's very "synchronistic" evocation of the Jungian James Hillman's work. We are saddened to learn that this great Jungian writer and analyst passed away in October 2011, a few months after Bazzano's article was submitted to the *Year Book*. James Hillman was a friend to Adlerians, wrote occasionally on Adlerian psychology and presented at Adlerian conferences such as the *North American Society of Adlerian Psychology* (NASAP). Hillman knew the value of *Gemeinschaftsgefühl* and shared the Adlerian lenses of holism. We appreciate the friendly links the late Hillman made between Jungian and Adlerian discourses.

Paul Rasmussen's essay, "The Infantile Philosophy, Private Logic and the Task of Maturity" provides a welcome explication of developmental striving with a focus on infancy. There is a dearth of discussion on infancy in the Adlerian literature, one to which the American Rasmussen pragmatically attends with descriptive skill on cognitive and related features, and processes that are carefully tied into leading Adlerian concepts.

Yajyoti Singh and Paola Prina's essay on the "Impact of Maternal Emotions on the Foetus: Implications for Conscious Pre-Natal Parenting" considers the maternal body as holistically integrated. The authors argue that this integration requires optimal states of physical, emotional and mental well-being with an active promotion of maternal health. In considering the need for these ideal states, the overall task is basically to begin parenting before the infant is born. The essay provides us with a plethora of empirical data to support the significance of social interest as applied to the maternal body, as well as the family, and therefore, benefiting the community as a whole.

Daniela Čechová's paper on "Adlerian Psychology in Slovakia – History and Recent Development" lends Anglophone readers a rare glimpse into the richness of the Slovakian history of Adlerian psychology as well as contemporary practice. Outlining key figures, as well as the academic status of Individual Psychology in Slovakia, Daniela demonstrates the on-going vitality of Adlerian psychology in a country whose borders are merely miles away from Adler's home city of Vienna.

Rebecca LaFountain's "A Holistic Approach to Assessing and Treating Children and Adolescents Who Have Experienced Trauma" considers the theme of the 25th Congress of the

International Association of Individual Psychology (IAIP) (2011), an event that highlighted the theme subject matter of trauma. In addition to providing some important information in holistically approaching children and adolescents suffering from trauma, Rebecca also details the tragedy of adolescent suicide and its impact in creating trauma amongst those closely affected. Using the model of the bio-psycho-social integration, Rebecca shares some illuminating case vignettes drawn from her work with adolescents in the U.S.A.

The Canadian Adlerians Steve Slavik and Russell King complete their series of articles in the *Year Book* by presenting us with their third essay, this time on the topic of “Planning and Evaluation of Adlerian Therapy”. Adroit clinical knowledge and understanding of dynamics is evidenced throughout their discussion, which underscores the importance of assessment and planning in attending to the therapeutic relationship. These essential points are considered alongside concomitant Adlerian perennials, such as the need for encouragement, an aspect that serves as an “antidote” to the perniciousness of a discouraged style of life. The authors share some excellent summary points as well as case material in emphasising the context of an on-going evaluative attitude, one that is integral to the therapeutic task.

Marni Rosen’s and Erik Mansager’s “Striving to Understand Religion and Spirituality: An Individual Psychology Perspective” demonstrates the significance of the topics of religion and spirituality to Adlerian scholars and practitioners over the past eight decades. We are especially delighted that a comprehensive “Appendix” has been included to this article, listing the results of a thorough literature search on Adlerian scholarship pertaining to the topics raised.

The American-Swiss Adlerian Erik Mansager, a return contributor to the *Year Book*, provides us with a critical book review, “Religion and Spirituality in Psychotherapy: An Individual Psychology Perspective - Written by Thor Johansen, Psy.D.” In keeping with the theme of the previous article, Mansager robustly engages with this recent addition to the Adlerian discourse on religion and spirituality, demonstrating the significant, controversial and on-going debates within this realm of discussion.